KI 332 : Applied Motor Learning

This is a required course for Kinesiology and Exercise Science majors who choose the physical education track. It will build on the concepts of KI 232 (Motor Development) by directly applying them to the physical education setting. Topics include discrete vs continuous skills, locomotor, non-locomotor, and manipulative skills, gross and fine skills, and open and closed skills. Other topics are stages of motor learning, whole vs part learning, and types of feedback specific to teaching.

Credits 2.0