

KI 340 : Exercise Physiology

An analysis of muscle function/biomechanics, and study of the responses and adaptations of the human body during exercise. Four class hours and one two-hours laboratory per week.

Credits 4.0

Prerequisites

[BI 107](#) or [BI 110](#) and [KI 201](#)

Co-Requisite Courses

[BI 315: Anatomy and Physiology I](#)

Semester Offered

Offered alternate spring semesters