KI 341: Biomechanics

This course examines the concepts of body mechanics as they are applied to movement. Students will investigate how forces act on the body and how the body creates force for exercise and sport performance. Topics include internal/external kinetics, linear and angular motion, and kinematics. Four class hours and one two-hours laboratory per week.

Credits 4.0
Prerequisites
MA 133 and either KI 201 or BI 315
Semester Offered
Offered every fall semester