

Kinesiology and Exercise Science

Minor

Required Courses

Item #	Title	Credits
	BI 107 or BI 110	4.0

Human Biology or Biological Investigation

[BI 107](#) or [BI 110](#)

KI 201	Introduction to Kinesiology	4.0
	Sub-Total Credits	8

Electives

Students planning to pursue graduate work in the health professions and/or special certifications (Physical Therapy, Athletic Trainer, etc.) should take BI 315 and BI 316 and should strongly consider majoring in Biology with a concentration in Physiology or completing the full Kinesiology and Exercise Science major.

Item #	Title	Credits
BI 315	Anatomy and Physiology I	4.0
BI 316	Anatomy and Physiology II	4.0
KI 225	Nutrition	4.0
KI 232	Motor Development	4.0
KI 308	Prevention and Care of Athletic Injuries	4.0
KI 335	Personal Wellness and Fitness	4.0
KI 340	Exercise Physiology	4.0
KI 463	Internship in Kinesiology and Exercise Science	1.0-4.0
SM 305	Athletic Administration	4.0
	Sub-Total Credits	16
	Total Credits	24